

SERRANO CREEK RANCH EQUESTRIAN CENTER

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We have all lived through many wildfires, especially this last year. When they happen, we have a shared experience that goes something like this:

- Seeing the flames approaching
- The panic of evacuation orders
- The anxiety of the fire
- Months of blacken hills

And then, after the first rain, a green patina soon begins to cover over the scarred hillsides as grass shoots start poking through the blackened earth. And with that regrowth, hope comes alive that in a few years, all will be good, and the memory of the fire will slowly recede. As we begin our long trench installation project, I have the same feeling of when those first green shoots poke through. Yes, there are years of work ahead, but the “vegetation” is growing back with each completed stall.

Having time to reflect on the last few years, I remember a question the city asked at the beginning of the CoastKeeper suit. “How many boarders are Lake Forest residents?” No doubt they were doing a cost per Lake Forest resident calculation. My response was that boarding is not the only public service that a stable offers. Yes, boarding is a significant portion of SCR. But also, are the lessons, camps, mental health groups, compost sales, and even just plain visitors; all who benefit from the stable’s presence. Since that time, the City has been a very supportive partner in this journey. For those who use the stable every day, our part is to remember that we are supposed to be a community asset, which means that a stable must provide a full continuum of horse experiences. As we enter summer, we, the “regulars,” will encounter many new visitors to the stable. At times these visitors will: driveway too fast, park in front of your trailer, line up for the bathrooms, run around screaming, fill up the parking lot, among many more infringements of the quiet that SCR offers. Please remember that in many ways, their opportunities to experience horses are what allows SCR to remain viable. A few may never step foot on a horse stable again, but another few will connect to horses and become future boarders. They are keeping the equestrian experience alive for the next generation.

In this edition, we are giving space for our trainers to share the

JUNE 2021 NEWSLETTER

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SERRANO CREEK REMINDERS



Driving at the Stable

Please remember that our speed limit is 5MPH on stable grounds and even slower when horses and riders are present. We ask that all trainers communicate this rule to their clients. We have seen students' parents drive fast as they are dropping off and picking up their kids. The office staff is doing their best to let the compost customers and delivery services, alike, of our speed limit.



Back Gate

It was brought to our attention that non-boarder have been seen entering through the back gate. We ask that you refrain from sharing the back gate code with non-boarders.

Dogs on the Property



SCR does not allow dogs on the property. Dogs are a known safety hazard to both horses and riders, and their owners rarely clean up after them. If you must bring your

dog to the stable, it must remain in your car. We also ask that you inform your farrier, vet, and other guest that SCR has a strict no dog policy while on the property.

4th Of July Fireworks

Reminder, the 4th of July is just around the corner. This year, the Sun and Sail Club will not be hosting their annual 4th of July firework show, however, they have re-scheduled it for Labor day weekend. Nevertheless, be aware of other fireworks within the community. Please ensure to take preventative measures if your horse gets nervous with firework noises.

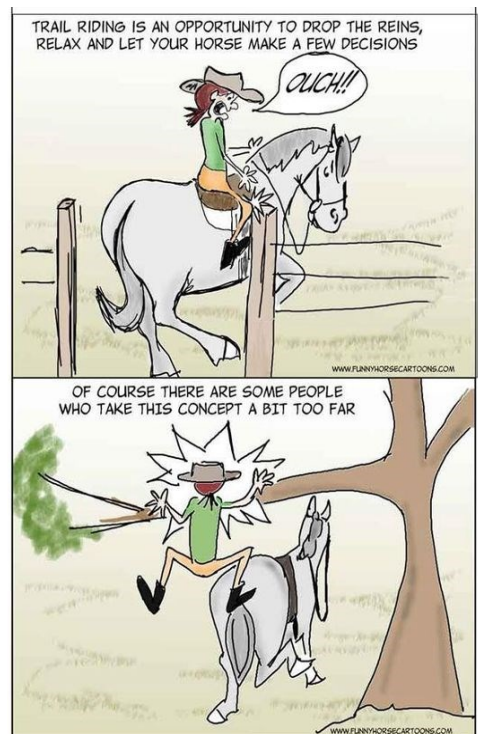
exciting opportunities they are providing this summer for the next generation. Please don't forget that we all were greenhorns at one time, timidly visiting this strange and fantastic world of a horse stable.

Barn Etiquette Series: Riding on the Trails

We are so blessed to have wonderful trails that our boarders can enjoy, so close to the barn. We ask that you be mindful and respectful of our neighbors and others while using these trails. It is important that you always remember to stay on the dirt trails, which prevents horse manure from ending up on the sidewalks. Please alert the office staff if you see an excess amount of horse manure out there, so that the workers can clean it up and maintain our neighbors' happiness.

When riding near the park playground, we also ask that you stay out of the children's playing area and stay on the trail. No trotting, loping, cantering, or galloping when riding on the trail, as this can be extremely dangerous and create a lot of dust, which can lead to complaints from our neighbors. Please remember that we share the park with the community. It is also important to always stay alert as other activities are going on, such as biking, children playing, and dogs running about, which can appear unexpectedly.

When riding the trails in large groups, please make sure to ride in single file line or two by two, so other individuals have room to access the trail as well. It is important to be attentive of all the traffic on the trails, and ensure you have enough room to get out of the way if needed.



Traveling this year?

Are you planning to travel this year? If so, we ask that you please remember to email the office with the following information:

- Travel dates
- Best contact numbers
- Trainers' contact number
- 2 to 3 alternative contacts' number
- Preferred Vet
- Any special instructions in case of an emergency

It is extremely important to email us the above information, so we can take the proper care of your horse in case an emergency arises while you are out of town.

Blocking Access Roads

Lately, the office has seen an increase of boarders and trainers parking in access roads and between stalls and tack sheds. These roads are used for maintenance and feeding only. The roads may be only used by boarders to load and unload feed or tack. We ask that once you have finished loading and unloading, that you move your vehicle to the designated parking area. If this continues to be an issue, there may be consequences. The first offense will result in a warning, and subsequent offenses will result in a \$25.00 fine, per offense.

Vaccinations Required at SCR

- Influenza (Within 6 months)
- Rhinopneumonitis (Within 6 months)
- Worming (Within 6 months)
- Tetanus (Within 1 year)
- West Nile (Within 1 year)
- Encephalitis – Eastern & Western (Within 1 year)



Please ensure to email or drop off proof of updated vaccination records to the office.

Professional Services Directory



Leslie Thomson
Western Lessons
& Training
(949) 295-4807

Silver Stirrup Riding Academy
Beginning English, Western,
and Camps
(949) 354-3603

MKO Performance Horses
Western & Barrel
Training/ Lessons
(949) 351-4706

Heart & Soul Horse Care
Western Lessons and Horse
Care
(949) 246-2466

Tom Betts-Aranda
Dressage Lessons
(949)291-8262

Brave Grace
Equine Inspired Growth and
Healing
(949) 371-6240

New Flight Counseling
Equine Assisted EMDR
(949)793-9264

Simple Horses Sense
Equine Assisted Counseling
(714)468-2512



Serrano Creek Ranch Friends



The out pouring of love and friendship is overwhelming during our loss of Duke. Laurie and I are at a loss for words to even be able to express how much we appreciate the support and love we feel from everyone. Duke will always be

in our hearts and even though the time was short it will be everlasting. Thank you all for all the kind words, cards, gifts, and most importantly the hugs! A special thank you to Saanje for a beautiful memory of Duke.

Marc & Laurie

BRAVE GRACE



You may have noticed Brave Grace has been busier with more therapy groups coming out in the evenings, we thought we'd share a little bit about what we are doing and an important partnership that is serving the community.

About a year ago we had the fortune to connect with Heidi Newell who is the founder of the nonprofit called Amelia Grace Farm (AGF). The mission of AGF is to bring hope and healing to vulnerable youth through relationship with a horse and mentor (see their website and further info here www.ameliagracefarm.com). AGF recently adopted their first rescue horse named Spirit, she lives near our horses in the back of the stables next to Mateo if you'd like to meet her.

Amelia Grace Farm has wonderful connections in the community including Saddleback Church and their ministry Initiative for Vulnerable Children <https://saddleback.com/connect/ministry/the-orphan-care-initiative>. We have already partnered with Saddleback in a few pilot programs for children, and look forward to doing more.

Brave Grace is partnering with AGF to provide the therapy horses and therapists to facilitate groups with AGF. Examples of ways we've been partnering include foster / adopted kids groups for boys and girls. Each child is paired with a mentor who works alongside them during our group time to build a meaningful relationship.

These are kids who have been through some rough things, many of them have never touched a horse before, so the opportunity to make a meaningful connection with a horse, and an attuned adult is impactful. The feedback we've received from the kids and parents is always, "can we come back? Can you please continue this program??"

We have also done some groups partnering with a local human trafficking sanctuary.

We are grateful to be working alongside Amelia Grace Farm, all of the volunteers have been wonderful people with huge hearts for these children and young adults.

These pilot programs are helping us to learn how to support the needs for these youth and young adults while also balancing the needs of the Serrano Creek community. Thank you for your patience as we address our growing edges.

If you have any questions please reach out, I'd love to share more!



April Dona, LMFT
Director, Brave Grace
www.bravegrace.com
562-397-6662



Heart & Soul Horse Care

CERTIFIED EQUINE SPORTS MASSAGE THERAPIST

PEMF THERAPY IS HERE!

We are thrilled to announce that in addition to massage therapy, daily care and training we now offer Pulsed Electromagnetic Field (PEMF) machine therapy sessions! PEMF increases cellular exercise which leads to increased circulation, blood oxygenation, and helps the body to heal and recover naturally. It will also reduce inflammation and helps to relieve pain. PEMF therapy can help horses suffering from gastric ulcers, EPM, colic, laminitis, stone bruises, tendon/ligament injuries, sore backs/stifles/shoulders, chronic hock soreness, non-healing wounds and non-union fractures. If you are interested in booking a session for your horse or would like more information please feel free to call or talk to me in person at Serrano. My tack shed is located next to the hot walker and I'm on site 7 days a week.

SERVICES & RATES

EQUINE SPORTS MASSAGE

1-2 per month: \$75 each
3-4 per month: \$50 each

EQUINE SENIOR/LAY-UP MASSAGE

1-2 per month: \$50 each
3-4 per month: \$40 each

EQUISPORTS DEEP TISSUE MASSAGE

1-4 sessions per month: \$25 each

PEMF THERAPY SESSION

Full Body (Body & Legs): \$100
Body Only: \$80
Legs Only: \$60
Single Area: \$50

I am completely certified and insured to perform all these services and therapies. I have hundreds of hours worth of experience performing these therapies and I'm well educated on the science behind them. I would be happy to discuss any questions or concerns you may have.

CONTACT

@ Caseyb102@gmail.com

📞 (949)246-2466

🌐 www.heartandsoulhorse
care.com

EDUCATION

📄 **EQUISSAGE**
Certified Equine Sports
Massage Therapist
2018

📄 **STANBRIDGE UNIVERSITY**
Vet Tech Program 2017

SILVER STIRRUP RIDING ACADEMY



Hi Everyone!

Happy June! We're so excited for the summer and everything it's bringing our way!

First we'd like to proudly welcome a new Silver Stirrup family member, Luna!

Congratulations to Jina on the purchase of her first horse, an ADORABLE little appaloosa pony we can't wait to get to know better!



Speaking of lesson ponies... Silver Stirrup still has a long waiting list and full summer camps!

We are on the lookout for some good lesson horses and ponies to join our team!

Even if for only a couple lessons a week or just for camps! If you are interested, and think you have a good match, stop by or contact us! Any lesson horse in our family gets weekly bedding, daily check ups, water cleaning, daily evening stall cleaning, and any feeding or exercising you might need throughout the week! If they are used regularly enough we also include payment towards board!! And did I mention, all the love and attention they could possibly want?

Reminder: Please also keep in mind that summer camps means plenty of beginners. We do our best to keep things orderly and controlled, but please be patient. Our camps will not exceed 12 campers per session this year!

Let's get back on the CONGRATULATIONS train with some of our recent accomplishments...

Congratulations to Olivia for advancing to Level 4 of our program! Your riding has come so far!!

Special congratulations to Taylor, who GRADUATED! Taylor passed a very expansive test including riding, lunging, ground work, and a long written test on all things horses! Great job Taylor!! We are so proud!!

Did You Know?

The Icelandic Horse is the only horse allowed in Iceland, and if one leaves the country it cannot come back? They have very few equine diseases in the country and work to keep it that way!

We'd also like to take a moment in our section to honor the wonderful horses that we lost this last month. Many of our regular students shed quite a few tears over such losses, as these horses were treasured and so loved by all.

Duke wasn't with us nearly long enough, and he was friendly from day 1 and so incredibly eye catching. He was a loved member of his family and brought a light to his parents and everyone around him. We feel lucky to have known him as long as we did.

Ned was an extremely special horse to many, and touched the lives of countless little kids in the park with giant horse pony rides! Our parents and visitors always commented on what a beautiful horse he was. He was a gentle giant, always a friendly face, and a beautifully important part of his dad's life, and we will all be thinking of them both.

Happy Summer!

The SSRA Team